NJ Crisis Services: Who Should I Call?

There are many types of emergencies. What number is best to call during a crisis?

Someone to Call For... **Behavioral Health Crisis Emergency Response Basic Needs** 24/7 services Serves adults Serves youth¹ Overdose in progress or medical emergency Fire Immediate rescue required² Crime Suicide attempt in progress Someone is a threat to self or others Mental health crisis Substance use crisis Suicidal thoughts Crisis stabilization³ Follow-up services Referrals

¹For children/youth under 21, contact PerformCare (877-652-7624) which provides a family-centered, community-focused, single point of entry to obtain services for behavioral health, intellectual/developmental disabilities, or substance use. Available 24/7. Parent/legal guardian consent required for youth under 18.

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²Immediate rescue required for self-injury, serious threats of harm to self/others, severe disorientation, and/or agitation, etc.

³Crisis stabilization provides short-term care for an individual experiencing an acute mental health or substance use crisis.