



Community Connection

As the Spring semester begins, we are thrilled to see familiar faces returning and extend a warm welcome to those joining our community for the first time. Whether you're a seasoned resident or a fresh face, we hope the holiday season has rejuvenated your spirits. As we embark on a new semester together, filled with opportunities for growth, learning, and shared experiences, we wish each and every one of you a fantastic and successful journey ahead!

This newsletter, Community Connection, is part of our service to you, offering information about resources and policies while providing you important information to the community within the Office of Residence Life. You may also find out more about residential living on our website at <https://www.kean.edu/reslife>.

What else to expect: New Entry Protocol, RA Interest, Eatery Hours, Involvement Fair, and much more! Be sure to also visit Cougar Link for programming and events this semester!



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Res Life Office: 908-737-1700

reslife@kean.edu

Campus Police: 908-737-4800

Follow Us on Social Media



@keanreslife

SEMESTER Success tips

Know your goals and values

Acknowledging your goals can be one way to visualize your version of success. Recognizing what it is that you are trying to achieve by pursuing an education can help illuminate your values, and you can use those values to motivate yourself as you work toward your idea of success.

Holding onto your values as you interpret your success might help you stay focused on your individual version of success and avoid falling into comparison traps.

Manage your time with intention

Time management is a daily practice. When it comes to achieving success, use your goals to guide the way you manage your time by prioritizing the tasks that will keep you on your desired path.

Of course, it's not always realistic to expect your priorities to easily align. Sometimes, life happens, and other days, procrastination can get the best of us. If you can, it might help to build time in your schedule to deal with the unexpected.

Take care of your health

Above all, you can't achieve success without taking care of yourself. Maintaining your mental and physical health is crucial to reaching your goals, regardless of what those goals entail.

If you are taking on responsibilities outside of the classroom, such as work or family obligations, finding balance among your academic and social pursuits can be challenging. Hold space for yourself to notice when you're feeling off, reprioritize as needed, and seek professional help if needed.

NEW ENTRY PROTOCOL

Starting in January 2024, we are transitioning from self-entry to a system that requires all residents to present their ID each time they enter the residence halls, 24/7. A combination of student staff and professional security guards will be stationed at the front desk to verify their status. Residents must comply with these changes and show respect to both Desk Service Representatives and Security personnel. If you lose your ID, please visit the Miron Student Information Desk.

If you need help, please don't hesitate to contact our team at reslife@kean.edu or 908-737-1700.





INTERESTED IN BECOMING AN RA?

1

If you are interested in becoming a Resident Assistant for the 2024-2025 academic year, the first step is to attend an informational session!

2

Informational Sessions:

Thursday, January 18, 2024, 3:30 PM, MSC 315

Friday, January 19, 2024, 3:30 PM, Cougar Hall Business Center

3

After the last informational session, the RA application will go live via Cougar Link, and we welcome you to apply!

Eateries



JERSEY MIKE'S

Miron Student Center
Monday- Wednesday
11:00 AM- 7:00 PM
Thursday- Friday
11:00 AM- 4:00 PM
Saturday- Sunday
CLOSED

AUNTIE ANNE'S

Miron Student Center
Monday- Friday
11:00 AM- 4:00 PM
Saturday- Sunday
CLOSED

OUTTAKES

Miron Student Center
Monday- Friday
9:00 AM- 9:00 PM
Saturday- Sunday
12:00 PM- 6:00 PM

SONO & KNEAD PIZZA

Miron Student Center
Monday- Wednesday
11:00 AM- 7:00 PM
Thursday
11:00 AM- 4:00 PM
Friday- Sunday
CLOSED

BAMBOO

Miron Student Center
Monday- Wednesday
11:00 AM- 7:00 PM
Thursday- Friday
11:00 AM- 4:00 PM
Saturday- Sunday
CLOSED

COUGAR'S DEN

Miron Student Center
Monday- Friday
8:00 AM- 7:00 PM
Saturday- Sunday
CLOSED

KEANU'S KITCHEN

Upperclassman Residence Hall
Monday- Sunday
7:00 AM- 12:00 AM

STARBUCKS

The Learning Commons
Monday- Thursday
8:00 AM- 8:00 PM
Friday
8:00 AM- 4:00 PM
Saturday- Sunday
10:00 AM- 6:00 PM

SMASHBURGER

Miron Student Center
Monday- Friday
11:00 AM- 4:00 PM
Saturday- Sunday
CLOSED





MAILROOM HOURS



Mondays and Thursdays

9:00 AM to 8:00 PM

**Tuesdays, Wednesdays, and
Fridays**

9:00 AM to 5:00 PM

Saturdays

CLOSED

Sundays

CLOSED

When you receive a package pick-up email from reslifemail@kean.edu, visit the **Whiteman Hall** to retrieve your package.

CARDIO ROOM

A photograph of a cardio room with several treadmills lined up. The treadmills are black and silver, with digital displays. The room has a light-colored ceiling with recessed lighting and large windows in the background. The overall color scheme is blue and white.

HOURS OF OPERATION

Monday through Friday

9:00 AM to 8:00 PM

Saturdays

CLOSED

Sundays

10:00 AM to 8:00 PM

LOCATED IN DOUGALL HALL



TUTORING

Do you need academic help in your courses, or are you looking for a quiet place to study? Our tutors are here to provide the tools and assistance needed! ACCESS Tutoring is located in the Freshman Hall Learning Center.

VISIT US BEGINNING JANUARY 28TH

SUNDAY
5:00 PM - 10:00 PM

MONDAY
5:00 PM - 10:00 PM

WEDNESDAY
5:00 PM - 10:00 PM

THURSDAY
5:00 PM - 10:00 PM





INVOLVEMENT FAIR

**Thursday, January 18th
12:00 PM - 4:00 PM**

Don't miss out on the opportunity to get involved on campus by attending the Involvement Fair located in the MSC. This fair will allow students to learn more about Kean University's recognized student groups and Greek organizations.

If you have any questions or concerns, please feel free to contact groups@kean.edu or visit MSC Room 215.