



**Minor in Recreational Therapy**  
**Minor Code: 21052**  
**Department of Health and Human Performance**

The Recreational Therapy minor requires 18 credits as follows:

Required Courses – 12 credits			
Required Courses (4)	Course Name	Credits	Semester / Year
<b>TR 3020</b>	Introduction to Recreational Therapy	3	
<b>TR 3030</b>	Disability, Function and Health in Recreational Therapy	3	
<b>TR 3330</b>	Assessment and Documentation in Recreational Therapy	3	
<b>TR 4330</b>	Processes and Techniques in Recreational Therapy	3	
Additional Courses (2) – 6 credits			
<b>TR 3770</b>	Recreational Therapy in Behavioral Health	3	
<b>TR 3780</b>	Recreational Therapy for Individuals in Intellectual and Developmental Disabilities	3	
<b>TR 3790</b>	Recreational Therapy for Individuals with Physical Disabilities	3	
<b>TR 3760</b>	Recreational Therapy in Geriatric Care	3	

**Note:** *Due to certification requirements, no class substitutions are allowed. Information on alternate paths to certification are available at <http://www.nctrc.org/>. For more information contact: Michael Graziano: [mgrazian@kean.edu](mailto:mgrazian@kean.edu)*

Student Name \_\_\_\_\_

RT Adviser Signature \_\_\_\_\_

Date \_\_\_\_\_



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**Program Title:** Minor in Recreational Therapy  
**Department Offering Program:** Department of Health and Human Performance

**Catalog Description:** The Recreational Therapy Minor provides students with an introduction to the field of therapeutic recreation (TR). Students will learn about the role of TR in supporting the enhancement and maintenance of a healthy lifestyle and improved quality of life in clinical and community settings for individuals with disabilities and marginalized groups. Students will be able to apply this specialized knowledge and expertise to their major discipline of study and thus increase their employment opportunities.

**Program Objectives:**

1. Prepare students for competent entry level practice in the Recreational Therapy profession based on an understanding of key theories, concepts and skills that guide professional practice.
2. Prepare students to successfully meet the course requirements for the alternate route eligibility requirements to sit for the national certification exam and meet national pass rates.
3. Provide students with the basic knowledge of the standards of practice, scope of services, and competency standards for Recreational Therapy practitioners.
4. Provide an inclusive learning environment committed to guaranteeing student success that gives access to all capable students.

Students with a Minor in RT are required to complete 18 credits for the minor.

Foundational Core: Four Core courses (12 credit hours) and two additional courses from designated electives (6 hours) will be required for completion of the minor program.

The minor requires that students must maintain a grade of 'C' or better in all courses taken for the minor. Due to certification requirements, no class substitutions will be approved.