

**Program Title:** Minor in Health (21045)

**Department Offering Program:** Department of Health and Human Performance

College of Health Professions and Human Services

**Catalog Description:** The Health Minor provides a strong foundation for students to learn and address the physical, social, psychological, cultural, and clinical needs in regard to health from an interdisciplinary, intersectional and social justice perspective. Students will be able to apply this specialized knowledge and expertise in the field of public health to their major discipline of study and thus increase their graduate and employment opportunities.

**Program Objectives:**

1. Evaluate knowledge of health risks, disease and wellness in diverse populations.
2. Demonstrate the ability to serve as a public health professional resource by assessing the needs, resources and capacity for health promotion.
3. Exhibit critical thinking, communication skills and knowledge necessary to plan health promotion programs across the lifespan and in a variety of settings.
4. Analyze research related to health promotion.
5. Implement, organize and manage health promotion programs in diverse communities.

Students with a minor in **Health** are required to complete 15 credits for the minor. One core course (3 credit hours) and four additional courses from designated electives (12 credit hours) will be required for completion of the minor program. A minimum of six credit hours (2 courses) must be from upper division (3000-4000) level courses.

The minor requires that students must maintain a grade of ‘C’ or better in all courses taken for the minor. Class substitutions will be considered at the discretion of the Health Minor Program Coordinator and Public Health Program Coordinator.

**For More Information Contact:**

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**College of Health Professions and Human Services**

**Department of Health and Human Performance**

**Minor in Health**

Minor Code: 21045 ▪ Total of 15 credits

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| Name: |  |  | Graduation Date: |  |
| Kean ID#: |  |  | Major: |  |

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| **Required Course ▪ 3 Credits** | | | | |
| **Required Course (1)** | **Course Name** | **Credit Hours** | **Semester/Year** | **Grade** |
| **HLTH 2100** | Principles of Public and Community Health | 3 |  |  |
| **Additional Courses ▪ 12 Credits** | | | | |
| **Required Courses (4)** | **Course Name** | **Credit Hours** | **Semester/Year** | **Grade** |
| **HLTH 1225** | Critical Issues in Health | 3 |  |  |
| **HLTH 3100** | Environmental Health | 3 |  |  |
| **HLTH 3160** | Health Perspectives for Women | 3 |  |  |
| **HLTH 3200** | Holistic Health | 3 |  |  |
| **HLTH 3231** | First Aid, Disaster Preparedness, CPR & AED | 3 |  |  |
| **HLTH 3232** | Emergency Medical Responder | 3 |  |  |
| **HLTH 3233** | Introduction to Principles of Emergency Management | 3 |  |  |
| **HLTH 3270** | Health Disparities in the United States | 3 |  |  |
| **HLTH 3300** | Community Mental Health | 3 |  |  |
| **HLTH 3333** | Mindfulness and Wellbeing: Tools for a Balanced Life | 3 |  |  |
| **HLTH 3400** | Human Sexuality | 3 |  |  |
| **HLTH 3460** | Women’s Global Health | 3 |  |  |
| **HLTH 3515** | Wellness | 3 |  |  |
| **HLTH 3534** | Methods & Materials in Public & Comm. Health Education | 3 |  |  |
| **HLTH 3600** | Nutrition | 3 |  |  |
| **HLTH 3635** | Introduction to Public Health | 3 |  |  |
| **HLTH 3725** | Death in Perspective | 3 |  |  |
| **HLTH 4105** | Epidemiology and Biostatistics | 3 |  |  |
| **HLTH 4231** | First Aid Instructor | 3 |  |  |
| **HLTH 4333** | Drug Use and Abuse | 3 |  |  |
| **HLTH 4400** | Essentials in Global Health | 3 |  |  |
| **HLTH 4650** | Community Health Counseling | 3 |  |  |
| **HLTH 4860** | Health and Social Justice | 3 |  |  |

**Note:** All elective courses should be selected with the advice of the Health Minor Program Coordinator. Additional information is on the reverse side.

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| Health Minor Program Coordinator Signature: |  |  | Date: |  |