

KEAN UNIVERSITY
SCHOOL OF HEALTH & HUMAN PERFORMANCE
GRADUATION PLAN 18 Credits Minor in Exercise Science (25046)

Name: _____ Kean ID #: _____

2.0 overall GPA required; 2.5 GPA in required courses

Required Courses: 10 S.H.	
EXSC 3510 Physiology of Exercise	3
EXSC 3511 Physiology of Exercise Lab	1
EXSC 3612 Principles of Personal & Group Training (<i>certification course</i>)	3
EXSC 3617 Group & Personal Training Lab	3
Elective Courses: Choose any combination 8 S.H.	
EXSC 1025 Animal Flow [®] (<i>certification course</i>)	1
EXSC 1023 Yoga I	1
EXSC 1108 Pilates I	1
EXSC 1109 Zumba [®] Fitness	1
EXSC 1130 Group Fitness	1
EXSC 3109 The Zumba [®] Fitness Program (<i>certification course</i>)	3
AT 3500 Care & Prevention of Athletic Injuries	3
HED 3515 Wellness	3
EXSC 3601 Nutrition for Fitness & Wellness	3
EXSC 3692 Clinical Experience in Exercise Science (100 hours)	3
EXSC 4626 Prescriptive Exercise	3
EXSC 4629 Exercise Testing & Interpretation (<i>certification course</i>)	3
EXSC 4625 Organization/Administration of Exercise Science Programs	3

* *Anatomy & Physiology is recommended for EXSC 3510*

Minor Program Approved by: _____ Date: _____
(Advisor Signature)

Program Coordinator Approval: _____ Date: _____