

## **Bachelors of Science in Exercise Science 4 Year Course Sequence**

**Total Semester Hours: 120**

**Minimum of 2.5 GPA Required**

### **Freshman Year**

FALL		SPRING	
GE 1000 Transition to Kean	1	COMM 1402 Speech Comm	3
ENG 1030 College Composition	3	BIO 1000 Principles of Biology	4
MATH 1030 Problem Solving	3	HIST 1062 Worlds of History	3
PSY 1000 General Psych	3	EXSC 1500 Motor Learning	3
GE HUM	3	ACTIVITY COURSE	1-2
ACTIVITY COURSE	1-2	ACTIVITY COURSE	1-2
<b>15 S.H.</b>		<b>15 S.H.</b>	

### **Sophomore Year**

FALL		SPRING	
EXSC 1023 Yoga	1	MATH/CPS ( <i>see guidesheet</i> )	3
PSY 3110 Lifespan Psychology	3	ENG 2403 World Literature	3
EXSC 2800 Intro to Exercise Science.	3	EXSC 2500 Biomechanics	3
BIO 2402 Anatomy & Physiology	4	Free Elective	3
GE 2022 Research and Tech	3	ACTIVITY COURSE	1
ACTIVITY COURSE	1	ACTIVITY COURSE	1
<b>15 S.H.</b>		<b>14 S.H.</b>	

### **Junior Year**

FALL		SPRING	
EXSC 3505 Kinesiology	3		
AT 3500 Care/Prev of Athletic Inj	3	MGS 2030 Bus/Org/Management	3
HED 3231 First Aid	3	EXSC 4626 Prescriptive Ex. Prog	3
HED 3600 Nutrition	3	EXSC 3612 Princ. Pers.& Grp	3
EXSC 3510 Phys of Ex.	3	EXSC 3617 Pers. & Grp Traing Lab	3
EXSC 3511 Phys of Ex.	1	EXSC 4629 Ex. Testing	3
<b>16 S.H.</b>		<b>15 S.H.</b>	

### **Senior Year**

FALL		SPRING	
EXSC 3692 Clin Exp	3	EXSC 4625 Org/Admin/Ex Sci	3
EXSC 4605 Stats in Ex. Sci.	3	EXSC 4627 Clin Prac Ex Sci	3
HED 3515 Wellness	3	Free Elective	3
EXSC 4630 Electrocardiography	3	Free Elective	3
Free Elective	3	Free Elective	3
<b>15 S.H.</b>		<b>15 S.H.</b>	