

Kean University - College of Education
(25108) B.S. in Physical Education/Exercise Science: 120 Semester Hours (S.H.)
Minimum GPA Required for Declaration; Major and Graduation: 2.5

EFFECTIVE DATE: Fall 2019

GENERAL EDUCATION ¹	32 S.H.	ACADEMIC MAJOR**	66 S.H.
Foundation Requirements:	13 S.H.	<i>Major Required Courses***</i>	39 S.H.
GE 1000 or GE 3000 Transition to Kean ²	1	EXSC 1022 Tai Chi Chuan	1
ENG 1030 College Composition ³	3	EXSC 1023 Yoga I	1
MATH 1030 Problem Solving ³	3	EXSC 1045 Gymnastics Fitness	2
COMM 1402 Speech Communication ³	3	PED/EXSC Choice (PED 1101, 1103, 1110, 1113, EXSC 2023)	1
GE 2022 Research & Technology	3	EXSC 1109 Zumba Fitness®	1
DISCIPLINARY & INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS	19 S.H.	EXSC 1108 Pilates I	1
Humanities:	6 S.H.	EXSC 1130 Group Fitness	1
*ENG 2403 World Literature	3	EXSC 1500 Intro to Motor Learning	3
Select one course from the GE Hum Dist Course List (Fine Arts, Art History, Philosophy, Religion, Foreign Languages (must take 1 and 2 for credit), Music, Theater, or ID	3	MGS 2030 Business Org/Management	3
		EXSC 2500 Intro to Biomechanics	3
Social Sciences:	6 S.H.	HED 3231 First Aid/Disaster Prep/Injury Prev. or HED 3232 Emergency Medical Responder	3
*HIST 1062 Worlds of History	3	AT 3500 Care and Prevention of Athletic Injuries	3
		EXSC 3505 Kinesiology	3
PSY 1000 General Psychology ⁴	3	EXSC 3510 Physiology of Exercise	3
		EXSC 3511 Physiology of Exercise Lab	1
		HED 3515 Wellness	3
Science and Mathematics:	7 S.H.	EXSC 3601 Nutrition for Fitness & Wellness	3
MATH/CPS (Options include: MATH 1000, MATH 1010, MATH 1016, MATH 1054, CPS 1032, CPS 1231)	3	EXSC 4605 Stats in Exercise Science	3
BIO 1000 Principles of Biology ⁵	4	Professional Education	24
Additional Required Courses:	7 S.H.	EXSC 2800 Intro to Exercise Science (WE)	3
PSY 3110 Lifespan Psychology ⁴	3	EXSC 3612 Princ. Pers. & Group Training	3
BIO 2402 Human Physiology & Anatomy ^{5,6}	4	EXSC 3617 Group & Pers.Train. Lab	3
		EXSC 3692 Clinical Exp. Exercise Science	3
Special Instructions		EXSC 4626 Prescriptive Ex. Programs	3
1. See pre-requisites and equivalencies in courses catalog (on page 2)		EXSC 4627 Clinical Practice Exercise Science	3
2. All undergraduate students must satisfy this University Requirements for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits; or GE 3000 Transfer Transitions (transfers entering with 30 credits or more)		EXSC 4629 Exercise Testing and Interpretation	3
3. ENG 1030, MATH 1030, COMM 1402 require a minimum grade of C or better		EXSC 4630 Electrocardiography	3
4. PSY 1000 is a prerequisite for PSY 3110		Major Capstone Course	3 S.H.
5. BIO 1000 is a prerequisite for BIO 2402		EXSC 4625 Org / Admin Exercise Science	3
6. BIO 2402 is a prerequisite for EXSC 3505		FREE ELECTIVES 50% 3000-4000 level	15 S.H.
* GE Distribution Courses Required of all majors		Optional: EXSC 1996 Intro to Research in Exercise Science	1
** Courses Required By Major			3
*** All Major Courses Requires a B- or Better			3

Revised July 16, 2019

GENERAL EDUCATION AND UNIVERSITY REQUIREMENTS

GENERAL EDUCATION INFORMATION AND REQUIREMENTS

Testing and Placement

Incoming freshmen and transfer students may be placed in specific GE Foundations, Developmental or ESL courses as a result of testing prior to registration. Students may be exempt from testing due to SAT scores or prior college work.

Prerequisites and Equivalencies for GE Foundations Courses

GE 1000

Required of all freshmen & transfers entering with 0-29 credits

Prereq: None
Equiv: ID 1001

GE 3000

Required of transfers entering with 30 credits or more
Prereq: 30 credits and ENG 1030

ENG 1030

Prereq: Placement testing or exemption from placement testing

Equiv: ENG 1031/1032, ENG 1033/1034, ENG 1430, ENG 1620, ENG 1020, ENG 1400

MATH 1000 or 1010 or 1016 or 1030

Prereq: MATH 0901 if required by placement testing

Equiv of MATH 1000: MATH 1001/1002, MATH 1003/1004, MATH 1051

MATH 1044 or 1054

Prereq: MATH 0901 if required by placement testing and MATH 1000

COMM 1402

Prereq: CS 0412 if required by placement testing
ENG 1031/1032 or ENG 1033/1034 if required by placement testing
May be taken concurrently with ENG 1030

Equiv: COMM 1400

GE 2021 - 2026 *Research and Technology* is offered as college-based course

GE 2021 College of BPM

GE 2022 College of EDU

GE 2023 College of CLA

GE 2024 College of NAHS

& NJCSTM & NWGC

GE 2025 SVPA & Michael Graves College

GE 2026 Undecided Majors and other special populations

Prereqs: CS 0412 if required by placement testing
ENG 1030 or equivalent
COMM 1402

Equiv: GE 2020

GE Distribution Courses

Approved GE Distribution Courses

All courses taken under the General Education Disciplinary/Interdisciplinary Distribution requirements must be selected from the Approved General Education Distribution Course List.

These courses are designated as GEHU, GESS, and GESM
GEHU Humanities
GESS Social Sciences
GESM Science and Mathematics

Required GE Distribution Courses

ENG 2403 is a required Humanities Distribution course with an emphasis on diversity.

Prereq: CS 0412 if required by placement testing; ENG 1030 or equivalent
Equiv: ENG*2203

HIST 1062 is a required Social Sciences Distribution course.

Prereq: None

Foreign Language Credit

The three credits for a foreign language that may satisfy the GE Disciplinary/Interdisciplinary Distribution Requirement are awarded only upon successful completion of the second of two semesters of study at the introductory or intermediate level.

Credit for the first semester may be used as elective credit.

UNIVERSITY REQUIREMENTS

GE 1000/3000 Requirement

All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits) or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).

Writing Emphasis Requirement

All students are required to complete one "Writing- Emphasis" course. The "W-E" course must be within the major portion of your program. Consult your major program advisor for specific information.