

Bachelors of Science in Exercise Science 4 Year Course Sequence

Total Semester Hours: 120

Minimum of 2.5 GPA Required

Freshman Year

FALL			SPRING		
GE 1000 Transition to Kean	1		COMM 1402 Speech Comm	3	
ENG 1030 College Composition	3		BIO 1000 Principles of Biology	4	
MATH 1030 Problem Solving	3		HIST 1062 Worlds of History	3	
PSY 1000 General Psych	3		EXSC 1500 Motor Learning	3	
GE HUM	3		ACTIVITY COURSE	1-2	
ACTIVITY COURSE	1-2		ACTIVITY COURSE	1-2	
	15 S.H.			15 S.H.	

Sophomore Year

FALL			SPRING		
EXSC 1023 Yoga	1		MATH/CPS (<i>see guidesheet</i>)	3	
PSY 3110 Lifespan Psychology	3		ENG 2403 World Literature	3	
EXSC 2800 Intro to Exercise Science.	3		EXSC 2500 Biomechanics	3	
BIO 2402 Anatomy & Physiology	4		Free Elective	3	
GE 2022 Research and Tech	3		ACTIVITY COURSE	1	
ACTIVITY COURSE	1		ACTIVITY COURSE	1	
	15 S.H.			14 S.H.	

Junior Year

FALL			SPRING		
EXSC 3505 Kinesiology	3				
AT 3500 Care/Prev of Athletic Inj	3		MGS 2030 Bus/Org/Management	3	
HED 3231 First Aid	3		EXSC 4626 Prescriptive Ex. Prog	3	
EXSC 3601 Nutrition	3		EXSC 3612 Princ. Pers.& Grp	3	
EXSC 3510 Phys of Ex.	3		EXSC 3617 Pers. & Grp Traing Lab	3	
EXSC 3511 Phys of Ex.	1		EXSC 4629 Ex. Testing	3	
	16 S.H.			15 S.H.	

Senior Year

FALL			SPRING		
EXSC 3692 Clin Exp	3		EXSC 4625 Org/Admin/Ex Sci	3	
EXSC 4605 Stats in Ex. Sci.	3		EXSC 4627 Clin Prac Ex Sci	3	
HED 3515 Wellness	3		Free Elective	3	
EXSC 4630 Electrocardiography	3		Free Elective	3	
Free Elective	3		Free Elective	3	
	15 S.H.			15 S.H.	