Kean University
BS Degree in Athletic Training

Athletic Training is an allied health profession with a specialization focusing on the total health needs of the athlete. Working under the supervision of a team physician athletic trainers are responsible for the prevention and care of athletic injuries. This is accomplished through the development and implementation of conditioning programs, the analysis and encouragement of proper biomechanics, the fitting of protective equipment, the administration of proper first aid and injury assessment procedures, and the implementation of appropriate rehabilitation procedures.

Kean University offers a BS Degree in Athletic Training (Program) accredited by the Commission on Accreditation of Athletic Training Education. Graduating students receive their BS Degree and then qualify to take the Board of Certification Examination (BOC). Under the governance of the State Board of Medical Examiners, those New Jersey residents who pass the BOC Exam can qualify to be licensed and work as an athletic trainer in New Jersey.

“Knowledge without experience is just information”
Unknown

The Program is a comprehensive educational experience consisting of a very vigorous academic schedule and an intense clinical education. In order to provide the candidate and student with the optimal experience in all phases of the Program, the following guidelines which will be applicable during the educational experience at Kean University.

I. Program Goals:
1. Prepare the student to qualify and sit for the Board of Certification Exam (BOC).
2. To provide the student with the knowledge and experience to work cooperatively in an allied professional setting.
3. To prepare the student to analyze health related medical situations, and to draw logical conclusions and resolutions to those situations.
4. To prepare the student to be diverse in his/her approach to the management of medical situations.
II. Application and Admissions Policy

Admission to the Program is based on completion of the following criteria. Some application material is to be forwarded to the Program Director for review one week prior to the end of the fall semester of the application year (*). Upon satisfactory completion of all criteria the student will be eligible for an interview. Final acceptance is made at the end of the sophomore year.

1. Written application. *
2. Completion and verification all required rotations.
3. Completion of 48 semester hours with a 3.0 GPA. An updated transcript must be provided at the time of application.
4. Three letters of recommendation. *
5. Attendance at scheduled Monday 3:30 pm workshops.
6. Completion of Introduction to Athletic Training, PED 2520; Athletic Training Lab I, PED 2510; Introduction to Evaluation and Management of Athletic Injuries, PED 2521; and Athletic Training Lab II, PED 2511, Therapeutic Modalities: Theory and Practice, PED 3504, First Aid (HED 3232), and Personal Fitness (PED 1020), Sophomore Field (PED 2512) (Minimum Grade of 80% in all above courses)
7. Interview given during the candidate’s sophomore year.
8. Up-to-date C.P.R. card.
9. Successful completion of an 80% or better on both written and practical exam given at the end of the sophomore year.
10. Pass Praxis I
11. Submit signed Technical Standards
12. Updated copy of both First Aid and CPR Card

III. PROGRAM PHASES

The Program is set up in four phases. These are:

   PHASE 1 - Observation Phase - First year
   PHASE 2 - Pre-admit Phase - First semester sophomore year
   PHASE 3 - Candidacy Phase - Second semester sophomore year
   PHASE 4 - Professional Phase - Junior & Senior year

   PHASE 1 Observation Phase - freshman year
   a. Athletic Training Lab I (PED 2511): Includes site rotations and rehab hours
   b. Weekly workshops (Monday 3:30 - 4:30)
   c. Introduction to Athletic Training
   d. Personal Fitness (PED 1020)
PHASE 2  **Pre-admit Phase** - first semester sophomore year
a. Students make formal application by the end of the fall term:
   i. Completed application
   ii. Three letters of recommendation
   iii. Up to date transcript
   iv. Verification of clinical/site observations to date including physical observations
b. Take Introduction to Injury and Management Evaluation (PED 2520) Athletic Training Lab II (PED 2521), and First Aid (HED 3232) during the Fall Semester: Includes required observation in the Kean Rehabilitation facility, workshops, and site rotations.

PHASE 3  **Candidacy Phase** - Second semester sophomore year
a. Interview with Advisory Committee
b. Therapeutic Modalities (PED 3504)
c. Sophomore Field (PED 2512) includes site rotations and observation in the Kean Rehabilitation facility
d. Entrance exam given at the end of the spring term

PHASE 4  **Professional Phase** - Junior and senior year
a. Two seasonal clinical rotations
b. Two rehabilitation rotations
c. High school rotation
d. Two preseason rotations
e. Core Athletic Training Curriculum course

IV. **Major Educational Requirements. Must maintain a minimum 3.0 GPA.**

<table>
<thead>
<tr>
<th>ID</th>
<th>Course</th>
<th>Hours</th>
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<tbody>
<tr>
<td>1225</td>
<td>Critical Issues/Values in Contemporary Issues in Health</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>BIO 2402</td>
<td>Principles of A &amp; P</td>
<td>4 Sem Hrs.</td>
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<tr>
<td>PED 2500</td>
<td>Introduction to Biomechanics</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>PED 3505</td>
<td>Kinesiology</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>PSY 1000</td>
<td>General Psychology</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>HED 3231</td>
<td>First Aid and Accident Prevention</td>
<td>3 Sem Hrs.</td>
</tr>
<tr>
<td>PSY 2110</td>
<td>Adolescent Psychology</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>PED 2520</td>
<td>Intro to Athletic Training</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>PED 2510</td>
<td>Intro to Athletic Training Lab I</td>
<td>1 Sem Hr.</td>
</tr>
<tr>
<td>PED 2521</td>
<td>Introduction to Injury Evaluation and Management</td>
<td>3 Sem Hrs.</td>
</tr>
<tr>
<td>PED 2511</td>
<td>Intro to Eval Athletic Training Lab II</td>
<td>1 Sem Hr.</td>
</tr>
<tr>
<td>PED 1020</td>
<td>Personal Fitness</td>
<td>1 Sem Hr.</td>
</tr>
<tr>
<td>PED 1011</td>
<td>Strength Fitness</td>
<td>1 Sem Hr.</td>
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<tr>
<td>HED 3600</td>
<td>Nutrition</td>
<td>3 Sem Hrs.</td>
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<tr>
<td>BIO 3405</td>
<td>Gross Anatomy</td>
<td>4 Sem Hrs.</td>
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V. Core Curriculum

PED 3502 Upper Extremity Injury Evaluation and 3 Sem Hrs.
PED 3692 Jr. Field Experience I in Athletic Training 1 Sem Hr.
PED 3503 Lower Extremity Injury Evaluation and 3 Sem Hrs.
PED 3693 Jr. Field Experience II in Athletic Training 1 Sem Hr.
PED 3525 Rehabilitation of Athletic Injuries and Lab 4 Sem Hrs.
PED 3501 Risk Management and Gen Med Con. 3 Sem Hrs.
PED 4520 Principles of Organization and Administration of Athletic Training 3 Sem Hrs.
PED 4693 Sr. Field Experience I in Athletic Training 1 Sem Hr.
PED 4521 Professional Development in Athletic Training II 3 Sem Hrs.
PED 4694 Sr. Field Experience II in Athletic Training 1 Sem Hr.
PED 4802 Instruments in Athletic Injury Diagnosis 3 Sem Hrs.
PED 4801 Pharmacology and Sports 3 Sem Hrs.

VI. Site Assignments / Sports Coverage:

The following are covered in partial fulfillment of the clinical assignments.
Students will complete 8 rotations during the professional phase of the Program

A. General medical
B. Upper extremity
C. Lower extremity
D. Equipment intensive

VII. Faculty and Approved Clinical Instructors

Program Medial Director and Adjunct Faculty:
Dr. Michele Gilsenan

Approved Clinical Instructors and Adjunct Faculty:
Mr. Tim Sensor, ATC, ATL, Kean University
Ms. Denise Wujciak, ATC, ATL, Kean University
Ms. Keir Howland, ATC, ATL, Kean University
Mr. Ray DiVirgilio, ATC, ATL, Kean University
Mr. Chris Flores, ATC, ATL, Westfield High School
Mr. Steve Viana, ATC, ATL, Linden High School
Mr. Kevin Rodriguez, ATC, ATL, Roselle park High School
Ms. AnnMarie Stoebling, ATC, ATL, New Jersey City University
Mrs. Jessica Viana, ATC, ATL  
Overlook Hospital  
Mrs. Betsy Esposito, ATC, ATL  
Kean University  
Ms. Marissa Radice, ATC, ATL  
Linden High School

Additional Adjunct Faculty:  
Dr. Jerome Pumo

NOTES:

• Due to the complexity of the major, students participating in sports will need a minimum of five years to complete program requirements. This will be discussed and arranged with each individual upon committing to the program.

• All transfer students must meet with the Program Director or Clinical Education Coordinator to determine their placement status. Transfer students wishing to transfer courses intended to fulfill specific Athletic Training course requirements must have those courses evaluated by the Program Director. Any such course must assess all the same competencies in the course offered by Kean University. General Education courses will be evaluated by the Office of the Dean of the College of Education. Clinical experiences will also be reviewed by the Program Director. All clinical experiences submitted for review must be documented and must have been under the direct supervision of an BOC Certified Athletic Trainer. As stated in the undergraduate catalog, a minimum of 32 degree credits including, one-half of the major requirements, must be earned at Kean.

• All policies and requirements are subject to change as indicated in the Kean University Undergraduate Catalog.

Dr. Gary Ball  
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E-Mail - gball@kean.edu  
or  
Mrs. Gwen Cleaves  
Clinical Coordinator  
908-737-0658  
gcleaves@kean.edu

Accreditation is through the  
Commission on Accreditation of Athletic Training Education through 2018-2019

NOTE: This brochure is to be considered the official and most up-to date document reflecting the requirements for admission to and completion of the Program.